



UNIFORM ORDERING DEADLINE. Be sure to stop by the new [online store](#) to place your orders for the new uniforms. **ALL ORDERS MUST BE PLACED BY FRIDAY, FEBRUARY 13th.** If you have any questions about sizing or ordering please contact the club at info@gulfwindstri.com

IMPORTANT NOTICE: If you were fitted at Capital City Runners you still must place your order online and pay for the uniforms in advance. The fitting that was done was for reference only while the fit kits were made available to us. If you need help remembering your sizes please email Kathy McDaris at mcdaris@comcast.net



MEMBERSHIP UPDATE: Membership is slowly on the rise with another 40+ members joining since last months update. We are now up to 234 for the year. If you haven't renewed please visit [Eventbrite](#) and join now!

SWAP MEET

FEB 16th
7-8:00PM



MONTHLY MEETING. Don't know what to do with all those extra bike parts laying around? Bring them to our next meeting on February 16th and buy, sell or trade with other club members at our 2nd Annual Club Swap Meet.

CLOTHING SALE. We will be offering DEEP discounts on all of the current club t-shirts in stock. So remember to bring some cash for these great deals.

\$5 Tech Shirts and Tanks
\$10 Long Sleeve Shirts

Monday, February 16th
Social @ 6:30PM
Swap Meet @ 7:00PM

Momo's Pizza in Killearn
1410 Market St.
Tallahassee, FL 32312



FIRST TIMERS

CLINIC. The 2nd first timers clinic will be held this Sunday, February 15th at 1:00PM. The focus for this clinic will be on the bike/run transition. So come prepared to ride and run!

Clinic will be held at Killearn Lakes Elementary School, 8037 Deer Lake East, in the parking lot

[REGISTRATION](#) for Red Hills Triathlon is still open, but only 20 spots still remain. Don't miss out on the first Grand Prix race of the year!



NCC UPDATE. Teams 1 & 2 have racked up an amazing 76,750 miles (weighted) for the entire challenge so far. February's focus is the run and we are off to a great start with so many members running the Tallahassee Marathon & Half Marathon with a total of 1,268.46 miles on the day alone!

TEAM 1 is 7th overall in the competition, 4th in Division-I and 1st in the Florida Region.

TEAM 2 is 66th overall in the competition, 16th in Division-I and 7th in the Florida Region.

Keep up the great off season work everybody!

OPEN WATER SWIM CLINIC. An open water swim clinic will be held on March 15th in preparation for Red Hills Triathlon. Clinic to take place in Lake Hall at Maclay Gardens. This will be an official club sponsored event. **You must be a member of the club** and have a current USAT membership or purchase a one day pass to participate.



XTERRA is offering the club an amazing discount on all 2014 inventory! To get the amazing deals on these suits, please [CLICK HERE](#) and use our discount code **C-WINDS** at checkout. Act quickly, the offer expires Sunday, February 15th!

CLOSEOUT

2014 STOCK



**VORTEX
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\$119
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- 6 anatomically-correct arm/shoulder panels to allow greater range of motion of swim strokes.



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**INFLATABLE
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OFFER EXPIRES ON 2-15-2015

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