



Board of Directors Meeting Minutes for June 20th, 2016

Board Members Present:

President – Ron Harrison

Vice President – Charlie Johnson

Past President – Jeff Bowman

Secretary – Jon Nash

Director-At-Large – Kathy McDaris

Director-At-Large – Mike Weyant

Director-At-Large – Robby Turner

Director-At-Large – Jen Barton

Director-At-Large – Charles Dickerson

Board Members Absent:

Treasurer – Jerry Chestnutt

Call to Order:

Call to order by President, Ron Harrison, at 6:04 pm.

Quorum:

Quorum established with nine (9) board members present.

Reading/Approval of Previous Minutes:

Previous minutes from May 16, 2016 were approved.

Officers

President – Ron Harrison *Vice President* – Charlie Johnson *Past President* – Jeff Bowman

Treasurer – Jerry Chestnutt *Secretary* – Jon Nash

Directors-at-Large

Mike Weyant – Kathy McDaris – Robby Turner – Jen Barton – Charles Dickerson



Board of Directors Meeting Minutes for June 20th, 2016

Reports:

- **Gulf Winds Track Club Meeting** – Ron Harrison
 - This month's meeting was attended by Ron Harrison on Wednesday, June 8, 2016.
 - Vice President Charlie Johnson will try to start attending some of the meetings to get a feel for how they are run, before he assumes his role as a voting member, next year.
 - **GWTC Membership:**
 - 1,516 members/786 households.
 - **Crystal River Tri Series #1 (Grand Prix Event) (Saturday, May 28, 2016) Recap.**
 - Club tent with some refreshments/snacks, manned by **Keith Rowe**.
 - Good turnout and support for club members!
 - **Tallahassee YTS "Splash and Dash" (Sunday, June 5, 2016) Recap.**
 - **Racers:** 125.
 - **Volunteers:** 30.
 - Race timing was provided by Gulf Winds Track Club and everything went great!
 - **Jax Tri Series #1 (Grand Prix Event) (Saturday, June 18).**
 - Club tent with some refreshments/snacks to be manned by **Keith Rowe**.
 - **Newsletter to go out to our members by Wednesday, June 15, 2016. Proposed articles are:**
 - Reminder of our June Meeting Speaker.
 - Meet Your Board of Directors: **Robby Turner**.
 - Triathlete spotlight: Youth triathletes, **Declan and Cassie Rhodes**.
 - DRC Sports Race Registration Giveaway, via drawing, for July 16th
 - **Jacksonville Tri Series #2 Sprint Triathlon, NOT a 2016 Grand Prix Event.**
 - **Next Meeting: Monday, June 20, 2016 at Momo's Pizza in Killearn, on Market St. Social at 6:30 pm and Speaker at 7:00 pm.**
 - **Speaker: Chris Bach, MS, CSCS, Graduate Research/Teaching Assistant, Institute of Sports Sciences and Medicine, Florida State University.**
 - **Topic: "Carbon Fiber or Acclimatization... Which Makes You Faster?".** Chris will talk about environmental stress and how to plan your training and nutritional strategy to deal with it!

Officers

President – Ron Harrison *Vice President* – Charlie Johnson *Past President* – Jeff Bowman

Treasurer – Jerry Chestnutt *Secretary* – Jon Nash

Directors-at-Large

Mike Weyant – Kathy McDaris – Robby Turner – Jen Barton – Charles Dickerson



Board of Directors Meeting Minutes for June 20th, 2016

Reports:

- **Treasurer's Report** – Jerry Chestnutt/Jon Nash
 - No report due to Jerry's absence.
 - Jon is going to look into getting a second card and set of checks for the account so that he can ensure continuity of operations in Jerry's absence.
- **Membership Report** – Ron Harrison
 - **249** members as of **6/14/2016**.
- **Clothing Sales** – Jon Nash
 - Shirts/Stickers - Jon Nash
 - Jon reported that he never heard back from Target Copy about stickers.
 - Ron Harrison to provide Jon with some information on a potential source for stickers, etc.
- **Sponsorship** – Charlie Johnson
 - "Thank You!" letters to sponsors being developed and to be signed by Board and sent to 2015 sponsors.
 - Letters will also include tax exempt information on back.
 - We will want to be thorough in ensuring that we include in-kind sponsors, like **DRC Sports**, when we do our packages this year. - Jeff Bowman/Ron Harrison.
 - Would like to include "Sponsor Highlight" article on a different sponsor in each month's newsletter, next year. - Ron Harrison
 - When the time comes to begin seeking out sponsors, would like to announce to the club at the next meeting, to get the membership to identify potential sponsors. - Ron Harrison

Agenda Items:

- **Tallahassee YTS "Splash and Dash" (Sunday, June 5, 2016) Recap. - Mike Weyant**
 - **Racers:** 125.
 - **Volunteers:** 30.
 - Race timing was provided by Gulf Winds Track Club and everything went great!
 - Were results for first race posted? - Jeff Bowman
 - Mike to check on results and send Jeff link.

Officers

President – Ron Harrison *Vice President* – Charlie Johnson *Past President* – Jeff Bowman

Treasurer – Jerry Chestnutt *Secretary* – Jon Nash

Directors-at-Large

Mike Weyant – Kathy McDaris – Robby Turner – Jen Barton – Charles Dickerson



Board of Directors Meeting Minutes for June 20th, 2016

- **Crystal River Tri Series #1 (Grand Prix Event) (Saturday, May 28, 2016) Recap. - Ron Harrison**
 - Club tent with some refreshments/snacks, manned by **Keith Rowe**.
 - Good turnout and support for club members!
 - Request for reimbursement for \$50 in drinks/snacks sent to Jerry 5/23 and check already received, per approval at 11/16/2015 BoD Meeting.
- **Jax Tri Series #1 (Grand Prix Event) (Saturday, June 18, 2016) Recap. - Ron Harrison**
 - Club tent with some refreshments/snacks, manned by **Keith Rowe**.
 - Good turnout and support for club members!
 - Request for reimbursement for \$48 in drinks/snacks sent to Jerry 6/14, per approval at 11/16/2015 BoD Meeting.
- **2016 Grand Prix Update. - Ron Harrison**
 - **Freedom Springs Club Cookout/Social. - Charlie Johnson**
 - Board of Directors voted to approve providing meats (hamburgers and hot dogs) and condiments (mustard, ketchup, lettuce, tomato, etc.) and drinks for **75** members.
 - Need volunteers to do the setup, cooking and breakdown - if none, may not be able to hold event.
 - Robby Turner and Michelle Butler to handle grilling.
 - Jon Nash will handle getting hamburgers, hot dogs, and condiments (Mustard, Ketchup, Lettuce, Tomato, etc.).
 - Jon to submit budget to BoD, via email, for approval.
 - Ron Harrison will handle getting drinks/coolers.
 - Need guidance on how to best pay for things. - Charlie Johnson
 - Jon will get extra card/checkbook or will submit to Katie.
 - Jon Nash to post information on cookout and request for covered dish items/potluck on website and Charlie Johnson will handle post on Facebook.

Officers

President – Ron Harrison *Vice President* – Charlie Johnson *Past President* – Jeff Bowman

Treasurer – Jerry Chestnutt *Secretary* – Jon Nash

Directors-at-Large

Mike Weyant – Kathy McDaris – Robby Turner – Jen Barton – Charles Dickerson



Board of Directors Meeting Minutes for June 20th, 2016

- **Sprint on the Flint** replacement race for **Tri the Rez** on 2016 Grand Prix? - Ron Harrison
 - **Tri the Rez CANCELLED**, per email from Race Director, Jon Shiver, on 4/29. - Ron Harrison.
 - Proposal for **Sprint On The Flint** to take the place of Tri the Rez on the 2016 Grand Prix. - Ron Harrison
 - Approved by Board of Directors.
 - Race Director, Valerie Faircloth, to send flyers to Charlie Johnson for distribution.
 - Race Director, Valerie Faircloth, has offered the Gulf Winds Triathletes **30, \$10 off discount codes** for the race.
 - Proposal to announce the discount codes during the meeting approved by the Board of Directors.
 - First-come, first-served, to reward those attending the meeting. Then, will post on the closed Facebook page on Monday, June 27 for members not at the meeting, if any are left.
- **Grand Prix Results Updates.** - Ron Harrison
 - Proposal to set expectation of updates for every 2 - 3 races. - Charlie Johnson
 - Nico Wienders has offered to assist with scoring to ensure more frequent updates. - Ron Harrison
 - To be considered by 2017 Grand Prix Chairman, Jeff Bowman, for the 2017 Grand Prix.

Officers

President – Ron Harrison *Vice President* – Charlie Johnson *Past President* – Jeff Bowman
Treasurer – Jerry Chestnutt *Secretary* – Jon Nash

Directors-at-Large

Mike Weyant – Kathy McDaris – Robby Turner – Jen Barton – Charles Dickerson



Board of Directors Meeting Minutes for June 20th, 2016

Additional Business:

- **USAT Club Incentive Program** - Charlie Johnson.
 - Can receive club benefits for any new members who sign up or members who have lapsed for more than one year, who renew with USAT.
 - With six (6) new members, would receive \$600 in **2XU** merchandise and \$300 worth of printing services (banners, signs, etc.) from **MPA Event Graphics**.
 - Will mention upcoming program at meeting and Charlie Johnson will post on Facebook once ready to accept new members.
- **Red Hills Triathlon** - Kathy McDaris.
 - Unable to hold the race the weekend after **Springtime Tallahassee** in 2017, due to scheduling conflicts at Maclay Gardens.
 - Race scheduled for weekend before **Springtime Tallahassee, March 25, 2017**.
 - Registration to be opened **October 1, 2016**.

Future Meeting Speakers & Topics:

- **Next Meeting: Monday, July 18, 2016 at Momo's Pizza in Killearn, on Market St. Social at 6:30 pm and Speaker at 7:00 pm.** – Ron Harrison
 - **Speaker: Brian C. Burnett, DC, MS**, is one of Tallahassee's top chiropractic doctors and the owner and founder of Brian Burnett Chiropractic, PL. He is trained in multiple chiropractic manipulative techniques to correct vertebral misalignments and extremity joint dysfunction, and by using these safe, effective, and non-invasive treatment methods, Dr. Burnett brings his patients not just relief from musculoskeletal pain but also, for athletes, top-quality sports performance care.
 - Topic: **"Improving Performance in Each of the Triathlon Events."**

Close of Meeting:

- The meeting was adjourned by President, Ron Harrison, at 6:53 pm.

Officers

President – Ron Harrison *Vice President* – Charlie Johnson *Past President* – Jeff Bowman

Treasurer – Jerry Chestnutt *Secretary* – Jon Nash

Directors-at-Large

Mike Weyant – Kathy McDaris – Robby Turner – Jen Barton – Charles Dickerson