

Board Members Present:

President – Ron Harrison
Vice President – Charlie Johnson
Past President – Jeff Bowman

Secretary – Jon Nash
Director-At-Large – Kathy McDaris
Director-At-Large – Robby Turner
Director-At-Large – Jen Barton

Board Members Absent:

Treasurer – Jerry Chestnutt

Director-At-Large – Mike Weyant

Director-At-Large – Charles Dickerson

Call to Order:

Call to order by President, Ron Harrison, at 6:00 pm.

Quorum:

Quorum established with seven (7) board members present.

Reading/Approval of Previous Minutes:

Previous minutes from June 20, 2016 were approved.

Reports:

- Sponsorship Charlie Johnson
 - Sponsor "Thank You!" Letters passed around for Board of Director signature.

Officers

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- Gulf Winds Track Club Meeting, Wednesday, July 13, 2016 Ron Harrison
 - Introduction of the 2017 Gulf Winds Triathletes President, Charlie Johnson.
 - Charlie will be a voting member of the Gulf Winds Track Club in 2017.
 - Jax Tri Series #1 (Grand Prix Event) (Saturday, June 11, 2016) Recap.
 - Club tent with refreshments/snacks, manned by **Keith Rowe**.
 - Good turnout and support for club members!
 - Freedom Springs Triathlon (Grand Prix Event) (Monday, July 4, 2016) Recap.
 - Club tent and BBQ after.
 - Lots of wonderful support from Board and members to execute.
 - GREAT turnout and support for club members!
 - Lots of positive feedback!
 - 2016 Grand Prix Update:
 - Grand Prix Results updated through Freedom Springs Triathlon.
 - Next 2016 Grand Prix Race: July 16, Chattahoochee Challenge, Sprint, Columbus, Georgia.
 - Replaced the cancelled **Tri the Rez** race with the new **Sprint on the Flint** (Sprint distance), **October 8, 2016**. Notification at last club meeting and in the July newsletter.
 - Call for 2017 Board of Directors nominations sent out via special edition newsletter and Facebook on July 1.
 - Accepting nominations via Google Form through August 31.
 - What is the process for supplying the nominees for the online voting setup?
 - What is the "run time" (open and close) for the electronic voting this year?
 - Felton Wright to email Ron Harrison with information/answers after subcommittee meeting.

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- Newsletter went out to our 252 members on Wednesday, July 13, 2016. Articles are:
 - Grand Prix updated through Freedom Springs Triathlon.
 - **Sprint on the Flint**, October 8, to replace cancelled Tri the Rez.
 - Reminder of our July Meeting Speaker.
 - Meet Your Board of Directors: **Mike Weyant**.
 - Triathlete spotlight: Bill and Kelli Dillon.
- DRC Sports Race Registration Giveaway, via drawing, for August 6th Jacksonville Tri Series #3 Sprint Triathlon, NOT a 2016 Grand Prix Event.
- Next Meeting: Monday, July 18, 2016 at Momo's Pizza in Killearn, on Market St. Social at 6:30 pm and Speaker at 7:00 pm.
 - **Speaker:** Brian C. Burnett, DC, MS, is one of Tallahassee's top chiropractic doctors and the owner and founder of Brian Burnett Chiropractic, PL. He is trained in multiple chiropractic manipulative techniques to correct vertebral misalignments and extremity joint dysfunction, and by using these safe, effective, and non-invasive treatment methods, Dr. Burnett brings his patients not just relief from musculoskeletal pain but also, for athletes, top-quality sports performance care.
 - Topic: "How to Swim, Bike, Run...Faster, Longer and Stronger!"
- Treasurer's Report Jerry Chestnutt/Jon Nash
 - No report due to Jerry's absence.
 - Upon Jerry's return, Jon will be getting a second card and set of checks for the account so that he can ensure continuity of operations in Jerry's absence.
- **Membership Report** Ron Harrison
 - 252 members as of 7/13/2016.
- Clothing Sales Jon Nash
 - Jon will be taking inventory and updating the online numbers Tuesday, 7/19/2016.

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Agenda Items:

- Begin acceptance of nominations for officers and board of directors. Bylaws, Article VI, Nominations for Officers and the Board of Directors. (July 1 - August 31) Nominations submitted to the Club's Secretary. - Ron Harrison
 - o Ron will pin the FB post on nominations to the top of the page on Tuesday, 7/19/2016.
- USAT Club Membership Update. Charlie Johnson
 - Charlie spoke with Ginny Ryan, who stated she would manually update our roster.
 Charlie reported that he is still unable to see the roster on the site and will follow up to see if the technical issue has been corrected.
- Freedom Springs (Grand Prix Event) (Monday, July 4, 2016) Recap.
 - Club tent and cookout/potluck.
 - Good turnout and support for club members!
 - o Reimbursements?
 - Keith purchased refreshments/snacks and will submit a receipt for reimbursement.
- Chattahoochee Challenge (Grand Prix Event) (Saturday, July 16, 2016) Recap.
 - o Club tent with refreshments/snacks, manned by Keith Rowe.
 - Good turnout and support for club members!
- Name Keith Rowe "Camp Commander and Director of Arts and Crafts" Ron Harrison
 - In light of Keith Rowe's contribution to the club this year, by assisting in having the club tent and refreshments at many of the Grand Prix events, it was unanimously approved to ask him to assume the role as the Camp Commander and Director of Arts and

 Crafts
 - Duties will include the coordination of the "presence" (club tent, refreshments, etc.) of the Gulf Winds Triathletes at all future Grand Prix events and other, selected events with a high Gulf Winds Triathletes presence and interest.
 - o Ron Harrison will approach Keith with this offer, after the meeting.

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- **2016 Grand Prix Update.** Ron Harrison
 - Next Grand Prix Races are Georgia Veterans Triathlon on August 6 and Hammerhead Triathlon on August 28.
 - Georgia Veterans date change!
 - Sprint On The Flint status on the 30, \$10 off discount codes for the race.
 - Saturday, October 8. 400m Swim, 10-mile Bike, and 5K Run. \$65.
 - Code: GULFTRI16. \$10 off, only good for 30 uses to be announced at meeting, again.
 - Ron Harrison to post code on private FB page Tuesday, July 19, 2016.
 - o Grand Prix Results updated through Freedom Springs Triathlon. Ron Harrison
- Gulf Winds Triathletes Clinics:
 - Sunday, September 18, 2016, "Pre-Augusta 70.3 and IRONMAN Chattanooga Bike-Cleaning and Lubrication Social"
 - Venue TBD. Jon Nash will look into securing The Southern and report back.
 - BoD approved \$500 for this event as \$50 for bike cleaning/lubrication supplies, and \$450 for refreshments. Each Gulf Winds Triathletes member will receive two (2) drink tickets to redeem at the event.
 - Ron Harrison will take care of acquiring bike cleaning supplies.
 - Charlie Johnson reported that he is still looking for a date/time and venue for another clinic that would be a trainer/brick workout of some kind.

Additional Business:

None.

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Future Meeting Speakers & Topics:

- Next Meeting: Monday, August 15, 2016 at Momo's Pizza in Killearn, on Market St. Social at 6:30 pm and Speaker at 7:00 pm. – Ron Harrison
 - o Foreword: Jamie Harris and Lisa Cox.
 - Speaker: Barry Hartin, CEO of Southeastern School of Health Sciences. SSHS opened in 1999 and offers continuing education for healthcare professionals plus entry level medical programs for those seeking to enter the healthcare field. SSHS is also an authorized American Heart Association Training Center. For more information, please visit the school's website: www.southeasternschool.org.
 - **Topic:** "Surviving Cardiac Arrest", where you will learn what happens during cardiac arrest, how CPR helps, and how an AED can help.

Close of Meeting:

• The meeting was adjourned by President, Ron Harrison, at 6:57 pm.

Officers