Board of Directors Meeting Minutes for January 21, 2019

Board Members Present:

President - Wayne Thumm
Vice President – John Sivyer
Secretary – Lisa Chadwick
Treasurer – David Strange
Director-At-Large - Tina Bahmer
Director-At-Large – Pam Presnell
Director-At-Large – Mark Jeter
Past President – Mike Weyant

Not Present: Kory Skrob, Robby Turner

Call to Order:
Call to order by Wayne Thumm at 6:05 p.m. at Momo’s Pizza.

Quorum:
Quorum established with eight board members present.

Reading/Approval of Previous Minutes:
Previous Meeting Minutes Approval (November?) – prior board had approved by email.

Gulf Winds Track Club Meeting: Wayne attended the last Track Club meeting. The major agenda items mentioned were introductions of the new GWTC board members and discussion of various options of how to spend GWTC funds.

Treasurer's Report – David reported that as of the meeting date, the club had $6500 in its bank account. $2500 had been spent in December on club awards and upfront costs for the St. Mark’s Duathlon. We also discussed whether we should aim to maintain a certain amount of money in the club checking account as a cushion, in case of unexpected or emergency expenses. The recommendation was $5000. David would continue to double check with the board about significant expenses, or if we were approaching the $5000 mark. David moved to recommend maintaining $5000 in the checking account, Tina seconded, and all voted in favor.

Membership Report – Lisa reported that club membership is currently at 206. Lisa will post on the club Facebook accounts to remind members to renew their membership via RunSignUp, if they haven’t done so already. Lisa will also work on pruning the private Facebook page and the Google Group to paid members.

Uniform Committee Report – Mike gave an update about club kits, which will be from Castelli this year. The try-on kits were available at the meeting, and there were also additional try-on opportunities. The uniform committee needs to decide whether

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they will have members order kits directly from the Castelli site, or whether we will submit one bulk order with orders placed through the Tri Club website (or similar).

**Sponsorship and related items:** Wayne provided an update on sponsors:

**Confirmed silver sponsors:**
- For The Table Hospitality
- AJ Baucco Coaching
- Rev Tri Coaching
- Wood Partners, Inc.

**Unconfirmed sponsors:**
- Growler Country (Charlie Johnson has contacted)
- Burn Bootcamp (Tina)

**Other:**
- Bird Legs Bicycles proposal: No logo on kits, will provide 10% discount to Club members (we provide a membership list) on accessories, clothing, bikes. 5% of club sales will be returned to the club (quarterly)
- Lisa moved to accept this proposal, Mark seconded, and all voted to approve.

**Club Discounts:**
The club paid DCR for one race entry ($109). DCR Also gave us one free entry for every one of their races to use in raffles (!) and a discount code for club members to use. The discount codes are good three months ahead of each race, with the first race in April.

We also discussed ways to centralize the distribution of club discount codes.
- Lisa will add them to the Google Calendar events
- We can centralize them on a google doc (sent to the club listserv after non-paid members have been pruned)
- We can also add the google doc link as a pinned post to the private Facebook page, or some other way of pinning the info to the Facebook page.

**2019 Grand Prix** – Beach Blast has been cancelled for 2019, and Freedom Springs is up in the air. The GP committee will be looking at the calendar and may add some other races to substitute for these.

**Clothing Sales** – Tanya DeVlieger was not in attendance, and had nothing to report.

**Monthly Speakers**
- **February:** Brady Irwin (Bird Legs Bicycles) will be speaking about bike fit, and is raffling off a free fit to a member at the meeting.
- **March:** Patrick Merle will be speaking about training for the bike.
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Brainstorming of other monthly speaker ideas:

- A newbie questions panel, given that Red Hills will now offer a Super Sprint distance and is likely to have many interested triathlon newcomers
- Everyone liked the dermatologist who spoke last year
- Kory Skrob and John Sivyer recommended Dr. Cal Melton (a chiropractor) who spoke in the GWTC education series
- Michael Ormsby from the ISSM
- Everyone likes it when Rob McNeely presents (i.e. Triathlon stats)
- Dave Ross (motivational)
- Someone else from Team NovoNordisk doing triathlon with T2D
- People from the club and how they train
- Lisa Chadwick could give a talk about the genetics of athletic performance, or the gut microbiome and how it relates to athletes

Other Business:

- Mike will check about adding Lisa to the public club Facebook page as an admin.
- Lynn Masimore takes care of the club web site, which needs to be updated.
- New names are needed on the Club credit card. Wayne will have his name added to the card, and the current names will be removed.
- Lisa made sure everyone was on the Tri club board Google Group (boardGWTri@googlegroups.com)

Announcements at tonight’s meeting:

Close of Meeting – Meeting was adjourned by Wayne Thumm at 7:00 p.m.

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