**Board Members Present:**

*President Kory Skrob, joined by phone*

*Vice President Eric Trombley*

*Treasurer David Strange*

*Secretary Annie Bowman*

*Director-At-Large Lura Diestelhorst*

*Directors-At-Large Tina Bahmer*

*Director-At-Large Rob McNeely*

*Director-At-Large Donica Williams*

1. **Call to Order – Opening and Introductions**
   1. Roll Call and Quorum –established 6:01pm by Eric Trombley
   2. No Additions were made to the Agenda
   3. Approval of September Minutes – Motion by David Strange. Second by Donica Williams. Approved.
2. **Reports** 
   1. Gulf Winds Track Club meeting – Kory Skrob- There is a 24HR larger gas station being built Blairstone/Miccossukee Road. Letter written to address the concern that the gas station will block the trail. Discussion about it alternate … Nomination for the Gulf Winds Track Club annual awards including the Triathletes of the Year, deadline December 1st
   2. Treasurer Report –David Strange- Ending balance $16,045. We had a deposit of $1,151.11 for tri kit sales and $85 in membership fees. We then issued a reimbursement to Annie Bowman for $1,001 for the purchases of the kits. The other expense was the $10 bank fee and $4.80 processing fee for the members.
3. **Agenda Items**
   1. 2023 Grand Prix Awards- Rob McNeely, Stephanie Liles-Weyant, David Strange, John Sivyer, and Elizabeth Kamerick. Discussion about how “active in the club” was defined” and the volunteer hours requirement change made mid-season. Nominations period November 1- December 1st, 2022
   2. Nominations for Gulf Winds Triathletes 2023 Board of Directors includes- President Eric Trombley, Vice President Beverly Harrell, Past President Kory Skrob, Treasure Signe Ulsamer, Secretary Melissa Urrutia, Directors at Large- Rob McNeely, Lura Diestelhorst, Donica Williams, Brittany Bevis, Matt Vermer.
   3. 2023 St Marks Duathlon – Kory Skrob- race is now sanctioned. Hope to open the race in November. Discussion about the
   4. November Guest Speakers- Annie Bowman- Jen Bicker Simpson off season strength, mobility, goal setting/planning.

1. **Adjournment 6:25pm.**
   1. Next meeting: November 21st, 2022 at Momo’s.