

GRAND PRIX 2024 DOCUMENT

- **Grand Prix calendar year runs from January-December.**
- **Participants will have their top 4 GP races count for GP Award points**
- **Races in the GP calendar, above the 4 needed for GP would give participants 2 points for any on the list except if the participant got age group award during the race.** I.e One would get EITHER the 2 pts for participation OR award points. The rational is to even the playing field and allow the GP to be more inclusive
- **Grand Prix Point System**
 - a. Open points are awarded to the first 7 male and 7 female Tri Club members to cross the finish line of a Grand Prix event
 - i. 1st: 30 pts
 - ii. 2nd: 20 pts
 - iii. 3rd: 17 pts
 - iv. 4th: 15 pts
 - v. 5th: 13 pts
 - vi. 6th: 10 pts
 - vii. 7th: 10 pts
 - viii. Participation Points: 2
 - b. Age group points are awarded to the first 7 Tri Club Members in each age group
 - i. 1st: 20 pts
 - ii. 2nd: 15 pts
 - iii. 3rd: 12 pts
 - iv. 4th: 10 pts
 - v. 5th: 8 pts
 - vi. 6th: 5 pts
 - vii. 7th: 3 pts
 - c. 70.3 and 140.6 Races
 - i. 5 points for up to two 70.3 events
 - ii. 10 points for up to one 140.6
 - iii. Relay members get 2 points
 - d. Clydesdale and Athena as per previous year
 - e. **In GP races with other formats (Aquabike, Relay, Du) participants are awarded 2 points** - Not all members can do all three disciplines. By allowing points for participation in a GP race in other formats provides opportunity for more inclusivity.
- **Volunteer Requirements for GP eligibility:** In order to be eligible for annual, special recognition awards participants must
 - a. Be member in good standing through December 31
 - b. Have 5 volunteer hours

- i. Volunteer hours have to be verified.
- ii. Must volunteer in at least one Gulf Winds Track Club, Gulf Winds Triathletes, or other regional running/triathlon club's event or function.
 1. Examples of volunteerism include packet pick-up, race setup/breakdown, water stop, traffic control, race directing, Leading a club training session

Grand Prix Races for 2024

1. St Marks Duathlon, March 3, 2024
2. St Anthony's either Sprint or Olympic, April 28, 2024
3. Defuniak Springs Sprint, May 4, 2024
4. Ron Strong (participation points)
5. Jacksonville Olympic Triathlon, ?TBD has not been advertised
6. Freedom Springs Sprint, July 4, 2024
7. Georgia Veterans Sprint TBD was August 5, 2023
8. Santa Rosa Sprint, October 5, 2024
9. Daytona Clash Sprint, December 7, 2024

Other races that we can promote through the club but not on the GP calendar

1. Sprint Tri Gators Gainesville March 17, 2024
2. Chattahoochee Challenge July 2024
3. Brewtally usually November
4. Ponte Vedre Spring Triathlon 5/19/2024
5. St. Augustine Triathlon 7/28/2024
6. Ponte Vedre Triathlon 10/13/2024